

Life Matters

The truth is out there!

Aim:

To encourage students (aged 13-19) to explore the information contained in Life Matters and the internet.

Materials:

- Copies of Life Matters (one per student/pair)
- Copies of the case studies
- Copies of the case studies feedback form
- Tutor notes
- Pens
- Access to the internet

Time:

One hour.

This can be shorter if only selected case studies are used.

Method:

- Split group into pairs.
- Explain that they will be using five case studies (or fewer) to explore the information being made available to them by way of Life Matters and the internet.
- For each case study the students should make comments on the feedback forms **(30 mins)**.
- Allow pairs time to feedback on what they have found useful.
- Use the Tutor Notes to reinforce key messages regarding sources of support and information **(30 mins)**.

CASE STUDY FEEDBACK

For each case study:

Which section(s) of Life Matters did you look at?

- Which were most useful?
- What did you like about them?

Which websites did you visit?

- Which ones were good?
- What did you like about them?
- Which ones were good for other issues relevant to you.

<p>Case Study 1 Comments</p>	
<p>Case Study 2 Comments</p>	

Case Study 3 Comments	
Case Study 4 Comments	
Case Study 5 Comments	

CASE STUDY – TUTOR NOTES

During feedback ensure these messages are reinforced.

<p>Case Study 1</p> <p>Unprotected sex</p>	<p>Young people can talk confidentially to their Connexions personal adviser. Provide name and contact details.</p> <p>Connexions Direct offers information, advice and support to 13-19 year olds between 8am and 2am every day. Phone, email, text, adviser online, mini-com or group chat. www.connexions-direct.com T: 080 800 13 2 19.</p> <p>The Connexions West website is a good central source of information – www.connexionswest.org.uk</p>
<p>Case Study 2</p> <p>Local activities</p> <p>Volunteering</p>	<p>Young people can talk confidentially to their Connexions personal adviser. Provide name and contact details.</p> <p>Connexions Direct offers information, advice and support to 13-19 year olds between 8am and 2am every day. Phone, email, text, adviser online, mini-com or group chat. www.connexions-direct.com T: 080 800 13 2 19.</p> <p>The Connexions West website is a good central source of information – www.connexionswest.org.uk</p> <p>Check out the Places to Go, Things to Do websites. There is one for each local authority:</p> <ul style="list-style-type: none"> • B&NES - www.b-active.info • Bristol – www.goplacesdothings.org.uk • North Somerset – www.n-somersetcsd.org.uk – go to Young People’s Zone • South Gloucestershire – www.youthunltd.com

<p>Case Study 3</p> <p>Career choice</p>	<p>Young people can talk confidentially to their Connexions personal adviser. Provide name and contact details.</p> <p>Connexions Direct offers information, advice and support to 13-19 year olds between 8am and 2am every day. Phone, email, text, adviser online, mini-com or group chat. www.connexions-direct.com T: 080 800 13 2 19.</p> <p>The Connexions West website is a good central source of information. The Work Matters section contains local labour market information – www.connexionswest.org.uk</p> <p>Jobs4U, www.connexions-direct.com/jobs4u, is an online database of 100s of jobs. Includes descriptions, personal qualities, salaries, training and qualifications and much more.</p>
<p>Case Study 4</p> <p>Bullying</p>	<p>Young people can talk confidentially to their Connexions personal adviser. Provide name and contact details.</p> <p>Connexions Direct offers information, advice and support to 13-19 year olds between 8am and 2am every day. Phone, email, text, adviser online, mini-com or group chat. www.connexions-direct.com T: 080 800 13 2 19.</p> <p>The Connexions West website is a good central source of information – www.connexionswest.org.uk</p>
<p>Case Study 5</p> <p>Relationships Housing Money Independent living</p>	<p>Young people can talk confidentially to their Connexions personal adviser. Provide name and contact details.</p> <p>Connexions Direct offers information, advice and support to 13-19 year olds between 8am and 2am every day. Phone, email, text, adviser online, mini-com or group chat. www.connexions-direct.com T: 080 800 13 2 19.</p> <p>The Connexions West website is a good central source of information – www.connexionswest.org.uk</p>

CASE STUDY 1

Boy A has recently had unprotected sex with Girl A. He is worried about the possible consequences.

CASE STUDY 2

Girl B has recently moved to your area.
She wants to know what there is
to do in the evenings,
weekends and holidays.

CASE STUDY 3

Girl C will finish Year 11 this summer.
She wants to follow a career
in engineering.

CASE STUDY 4

Boy D thinks a new student
is being bullied.

CASE STUDY 5

Girl E is 17 and wants to leave home to live independently. She's not getting along with her new step-family.